

APPARATUS FOR PRACTICING BASEBALL BATTING

ABSTRACT OF THE DISCLOSURE

5 An apparatus for practicing baseball batting includes a base formed of
a rubber block, an upright detachably fastened to the top center of the base with
a screw, a rubber stem detachably fastened to the top end of the upright, a
tubular ball holder disposed above the stem and adapted to hold a ball for
batting, and a peripherally grooved flexible rubber tube detachably coupled
10 between the ball holder and the rubber stem and adapted to absorb shocks
during batting.